I started building my Zenith CH601XL from plans in mid January 2006. After several failed attempts to bend the rudder spar I ended up going to a local sheet metal shop for help. The problem with that is that their equipment is not set up for the 1/8 inch radius bend specified in the plans. I saw right away that some type of bending brake was going to be needed throughout the project. So, I started looking for an affordable solution. I found commercial brakes to be too expensive and most of the plans-built brakes on the internet to be either made of wood (too flimsy) or ones that required extensive welding. I came up with the plan for this brake at 3 AM during a sleepless night. It’s both simple and cheap. I built it in a single afternoon and was bending parts the next day. It worked so well I felt I should share the plans with other homebuilders who needed a brake of their own. It’s not a commercial brake costing hundreds or even thousands of dollars so, don’t expect it to perform like one on the longer bends. However, it does most bends extremely well. Remembering my trials and tribulations as a new builder attempting to make a rudder spar I decided this would be a good test for my brake. The spar is 1360mm long with 20mm flanges. Back in January I spent hours on this one part. Today, with my Olfa knife and new bending brake it took 10 minutes from layout to bending to make a perfect spar. Not too shabby for a brake that cost less than $75!!!
Parts List

3 pieces of ¼ inch angle to desired length (can be 3X3 or 4X4)**
8 feet of 1.25 inch square steel tubing for the handle
1 piano hinge 6 feet by 2 inches (got mine from Wicks)
A5 stainless steel cherry pop rivets to attach the hinge (60mm spacing)
4 bolts ¼ x 2 inches, 8 flat washers, and 4 stop nuts
2 bolts ¼ x 3 inches, 4 flat washers, and 2 stop nuts
4 bolts 3/8 x 3 inches, 8 flat washers, 4 lock washers, and 4 nuts
1 board 1 x 4 inches by length of your table to reinforce the edge
wood screws to attach the board and to attach the bottom plate
SHARP DRILL BITS!!!

** if you intend to bend your flap skins use 8 foot long angles
Building Instructions

Start by attaching the 1x4 board under the edge of your table with glue and wood screws. This will make the edge much stronger.

Attach the bottom plate over the edge of your table using countersunk wood screws. I used one size drill bit for the screw holes and a larger bit to countersink the screw heads. You don’t want the heads to be above the bottom plate surface or they will scratch your sheet metal. I only used 6 screws for this.

Set the top plate on top of the bottom plate and clamp in place with C clamps. The top plate front edge should be set back about 1/8 inch from the edge of the bottom plate (see photo).

Drill 4 holes for the 3/8 inch bolts through the top and bottom plates, the table, and the 1x4 board. High quality sharp bits will stop the cursing!! Make the 2 end holes about an inch and one half from the ends and the other two evenly spaced along the length of the plates.

Remove the top plate and round off the front edge to achieve a nice clean radiused bend.

Find and mark the centerline of the hinge and the bend plate. Attach the hinge to the bend plate with stainless steel A5 pop rivets using a 60mm spacing between rivets. The top of the hinge should be just level with the top surface of the bending plate.

Remove the hinge pin and attach the other side of the hinge to the bottom plate making sure the hinge is facing the right direction. Make sure to center it correctly so the 2 sides of the hinge will line up correctly. Also be sure to line up the top of the hinge with the top surface of the bottom plate.

Put the bottom plate and the bend plate together to reinsert the hinge pin. This requires 2 people and can be a little tricky. I found it easier to cut the pin in half and go in from either end of the hinge until the 2 halves meet in the middle. A little 3 in 1 oil also helped.
Cut the square tubing to make the handle. I made 2 eighteen inch pieces for the ends and used what was left as the middle. Please see the photos for how this should look.

Drill the holes for the ¼ bolts to attach the end pieces of the handle to the center piece. Attach the parts using the bolts, washers, and nuts. Don’t tighten them really tight just yet. The end pieces should be at about a 60 degree angle to the center piece. This doesn’t have to be exact.

Have someone help you hold the handle up against the bend plate and mark where it will go. You can clamp the 2 together. Drill the holes for the ¼ inch bolts to attach the handles to the bend plate (2 each end). Attach the handle with the ¼ inch bolts.

Tighten all the handle bolts snugly.

Insert the 3/8 inch end bolts through the top plate and push them all the way through. Use one flat washer on the top and one flat washer, lock washer, and nut on the bottom and hand tighten.

If confused by these instructions study the photos.

You’re done!
round off this edge with a grinder

use stop nuts on all the 1/4" bolts

the top plate should be back about 1/8" from the edge of the bottom plate

1X4" board added to reinforce table edge
Using the Brake

The number of 3/8 bolts you use will depend on the bending job. For long narrow bends such as rudder or horizontal stab flanges use all four bolts. For bending more than flanges use 2 or 3 depending on the length of the part. I have found that for most smaller parts I only need to hand tighten the bolts. For long flanges tighten the bolts with a socket wrench.

To open the brake first loosen the bolts then insert a large screwdriver between the top and bottom plate at either end. I’m sure some bright person out there will probably come up with a more elegant way to do this.

Next insert your sheet metal lining up the bend line with the edge of the top plate.

Remove the screwdrivers, tighten the bolts, and bend away.
The Test

Step one insert part and tighten the bolts.

Step 2 raise the handle to make the bend.
Lining up for the second bend.

Our beautiful spokes model (my wife) showing off the perfect rudder spar. Gee, that was easy!
Bending Tips

When bending long parts made of thicker aluminum, such as doublers from .040 material, use the following method:

1. Cut the blank wider than the plans specify. At least 100mm wide will do.
2. Bend down the center line.
3. Trim the flanges to specs.

If you need to bend a part past 90 degrees bend as far as you can then place a 1X2 board on the bending plate and bend again to the desired angle.

The Bottom Line

Hey folks, I am not an engineer or any type of professional designer. I’m a working-class guy trying to build an airplane. I am always looking for better or easier ways to accomplish this goal. This brake works for me. I hope it does for you, as well. I am sharing this design free of charge. There have been other homebuilders who have helped me with advice and encouragement. I want to do the same for others.

Use some common sense when building and using this brake. By building it you are accepting personal responsibility for your own safety. If somehow you get injured don’t blame me. I am not some big corporation with deep pockets. Isn’t it a shame I have to include this statement.

If you have any questions or comment feel free to contact me at dclaytx2@hotmail.com

Happy Building
Dave Clay
Temple, Texas